

# Cycling Among the Castles of Barolo

cicloturismo  
nelle Langhe e nel Roero

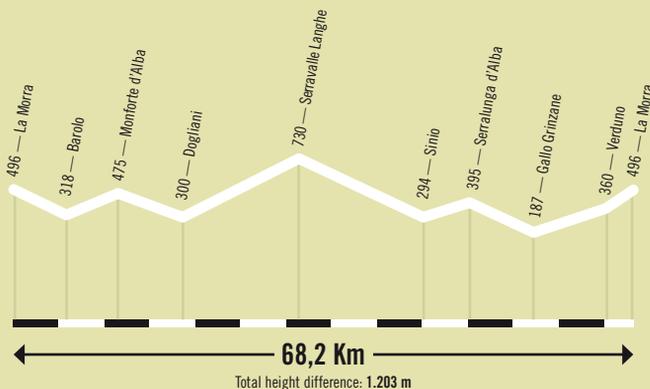


This route takes the cyclist through some of the most atmospheric and fascinating landscapes of the Bassa Langha, the low Langha area, where the world-famous Langha wines are produced.

So, the two main themes of the route are those of Barolo and the magnificent countryside where this noble wine is made.

The Barolo Hills, with their mysteriously perfect micro-climate, are dominated by historical houses and manors, hill-top villages and, of course, the rhythmic geometry of the vineyards themselves.

The tour begins and ends in the village of La Morra, one of the main areas of cultivation of the Nebbiolo grape, from which Barolo wine is produced. From here, it descends to Barolo, the village that gave its name to the world-renowned wine and which is still dominated by its medieval castle – today home to the Regional Enoteca Wine Shop of Barolo, soon to become a Barolo museum. We strongly advise a break for some serious tasting here, and, maybe a visit to the Barolo Corkscrew Museum (what could be more suitable in





such a place?), one of the world's best equipped.

From here, it's on through acres of vines to Monforte d'Alba, proud possessor of an 'Orange Flag' award from the Italian Touring Club for its historical centre. The centre of Monforte dates back to the year 1000 and, at its summit, is crowned by a magnificent amphitheatre. Monforte is also home to many top-class restaurants, wineries and cellars – plus a world-famous summer jazz festival, 'Monfortinjazz'.

After Monforte, you continue to Dogliani, an area of 'Dogliani DOCG' production. The centre is divided into two parts, an upper and lower, both very scenic with neo-Gothic buildings. Here, a break for lunch is a good idea, before continuing in the direction of Serravalle Langhe, the area of the Langa where



the low and high parts meet and typically an area of hazel nut cultivation. From here you pass back into wine country in the direction of Sinio, a low-lying village dominated by a medieval castle. Another even more magnificent medieval castle can be admired in the next village, Serralunga d'Alba, and from here the route continues to Grinzane Cavour.

This is where Count Camillo Benso Cavour, one of the founders of unified Italy, but also passionate grape grower and wine producer, lived. Don't miss a visit to the Castle of Grinzane Cavour, where the Regional Enoteca and the Ethnographic Museum are situated, and where every year the world famous White Truffle Auction is held.

From Cavour, the route will take you to Verduno, from where you can admire some wonderful views over the Bassa Langa and maybe sample some of the local Verduno Pelaverga wine, an ancient varietal. Then it's brief step back to La Morra – where, of course, you can reward yourself with some of the 'Wine of Kings and King of Wines', Barolo!

