

Bolzano and environs

Ötztaler Alpen

Zillertaler





HOLIDAYS 360°
WITH 40 HOT SPOTS ABOUT FAMILY,
WINE AND PLEASURE, CULTURE

PANORAMA

Bolzano and environs
südtirol

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ACTIVE

1 MÖLTEN: Through the farmstead landscape
Tour to the mountain farmsteads of the Mölten mountain plateau on Tschöggberg mountain to the 'St. Ulrich' farm, restaurant and church in Gschleier.

Mölten (1,140 m) → 'Waldheim' restaurant → 'St. Ulrich' restaurant in Gschleier (1,344 m) → 'Pluner' farmstead → hamlet of Gschleier → Mölten

2 SARNTAL: Tour through Durnholzer Tal valley
Easy hike along old and new paths in Durnholzer Tal valley. Visit the mountain farmstead settlement of the mountain village of Reinswald.

'Guffl' restaurant in Durnholzer Tal valley (1,300 m) → mountain farms of Hinter-Reinswald (1,610 m) → Reinswald (1,492 m) → 'Guffl' restaurant

3 RITTEN: From Klobenstein to Bad Sieß and Tann restaurants

Easy tour to isolated farms, earth pyramids, stop for a bite to eat at the renowned 'Bad Sieß' and 'Tann' farm inns. Variations possible.

Klobenstein (1,154 m) → Lengmoos → Mittelberg earth pyramids → 'Enzian' restaurant → 'Bad Sieß' farm and restaurant (1,434 m) → 'Tann' farm and restaurant (1,488 m) → Klobenstein

4 ALDEIN-RADEIN: From Kaltenbrunn to Radein

Easy tour to the scattered settlement of Radein. Good paths, some historical, mountain restaurants with extensive views. One to watch out for: the mountain church of Radein.

Kaltenbrunn (991 m) → Unterradein → 'Wastlhof' farm → 'Zirmerhof' farm (1,552 m; restaurant) → Oberradein Church → 'Stadt' farmstead settlement (1,560- 1,600 m) → 'Bachnerhof' farm → Kaltenbrunn

FAMILY

5 BOZEN: Following in Ötzi's footsteps
Ötzi's mummy and the original objects found with him – his axe, bear-skin hat, clothing, bow and arrows – are on display in the South Tyrolean Archaeological Museum in Bozen.

Archaeological Museum, Bozen
Tel: +39 0471 320 100, www.iceman.it

6 TERLAN, KALTERN: Feel like Tarzan and Mowgli
Perfect for budding Tarzans and Mowglis, an exciting assault course between the trees awaits rope acrobats in the high-rope garden HETZ in Terlan and in the Parc of Adventures in Altenburg/Kaltern.

High-rope garden Hetz, Terlan
Tel: +39 0471 257 944, www.xsund.it

Parc of adventures, Kaltern
Tel: +39 347 80 10 960, www.abenteuerpark.it

7 EPPAN: Three-castle tour
This circular tour features visits to three different castles near by Bozen: Castle Korb, Castle Boymont and Castle Hocheppan where visitors can try their luck at archery.

Tourist office Eppan
Tel: +39 0471 662 206, www.eppan.com

8 EPPAN, KALTERN: Bathing lakes
Pack your swimsuit and submerge yourself in South Tyrol's bathing lakes. Pedal boats are available for adventurous seafarers at the lake Kalterer See while the brave can plunge into the nearby lake Montiggler See on the longest water slide in South Tyrol.

Tourist office Eppan
Tel: +39 0471 662 206, www.eppan.com

Tourist office Kaltern
Tel: +39 0471 963 169, www.kaltern.com

9 SARNTAL: Tobogganing by moonlight
An absolute must for a group of friends: ride toboggans

while the snow sparkles like diamonds in the moonlight. Simply take the chairlift up to the Pichlberg-Alm and descend on runners as you scream with delight!

Tourist office Sarntal
Tel: +39 0471 623 091, www.sarntal.com

10 SARNTAL, RITTEN: Endless fun in the Ortler Kiarena

A single ski pass gives you access to 16 fantastic ski resorts with various slopes offering broad slaloms for dads, elegant downhill runs for mums and plenty of space for kids to practice their snowploughs.

Ortler Ski Arena
Tel: +39 0417 999 922, www.ortlerskiarena.com

11 RITTEN: Enjoy a taste of honey
The Plattnerhof farmstead is over 600 years old. Today it is home to buzzing swarms of bees making their delicious honey. Those who want can put protective clothing and watch these busy insects up close.

Plattner 'Bienenhof', museum for apiculture
Tel: +39 0471 345 350, www.museo-plattner.it

12 RITTEN: To the 'earth pyramids'
For an unforgettable outing for children take the cable car from Bozen up to Oberbozen and make your way across the Ritten plateau with the quaint nostalgic narrow-rack railway to marvel at the famous stone columns near Lengmoos.

Tourist office Ritten
Tel: +39 0471 356 100, www.ritten.com

13 ALDEIN-RADEIN: Exploring the Bletterbach gorge
The adventures path through this impressive rocky gorge is a journey through the history of the earth. Who will be the first to find fossilized sails, carbonized plants or perhaps even dinosaur footprints?

Geoparc Bletterbach
Tel: +39 0471 886 946, www.bletterbach.info

WINE AND PLEASURE

14 BOZEN: Muri Gries wine estate
Wine growing and monastery have always gone hand in hand: as is the case at Muri Gries where production has been the focus for several centuries. Today, the wine estate primarily produces red wine, in particular indigenous Lagrein. Dating back to the 13th century, the deep cellar reveals old barrels and barriques, while the stainless steel tanks and a fermentation cellar are housed in the old monastery church. This former castle has been home to Benedictine monks since 1845.

Grieser Platz 21, 39100 Bozen
Tel: +39 0471 282 287, www.muri-gries.com

15 EPPAN: Stroblhof wine estate
The Stroblhof in the village St. Michael/Eppan is a hotel, restaurant and wine-growing estate in one. Once a week, the cellar man opens the doors to the modern wine cellar, designed by German architect Marcus Dieken, to hotel guests. Natural materials such as mud, clay, slate and oak are prevalent throughout the angular function rooms where red and white wines from the estate can also be tasted.

Pigenoerstr. 25, 39057 St. Michael/Eppan
Tel: +39 0471 662 250, www.stroblhof.it

16 EPPAN: St. Michael winery
Renovation work on these wine cellars was completed in time for its centenary celebration in 2007. Architect Walter Angonese and artist Manfred Alois Mayr designed the interiors of the cellars to reflect their wine-growing origins. Using sophisticated lighting, room dividers and with emphasis on original structural elements, the cellar has a very unique character. The list of award-winning wines is long although the best-known label is the Sanct Valentin line.

Umfahrungsstr. 17/19, 39057 St. Michael/Eppan
Tel: +39 0471 664 466, www.stmichael.it

17 EPPAN: Schreckbichl winery
The original design of the Schreckbichl wine cellars in the village of Girlan near Bozen was given a facelift by architect Gerd Bergmeister from Brixen. Bergmeister used oak panels and steel sheeting in black and red

to highlight the windows and provide an insight into building. An interplay of space, colour, openings and shadows has given rise to n impressive façade extending 45 meters in length and soaring 9 meters in height.

Weinstr. 8, 39057 Girlan/Eppan
Tel: +39 0471 664 246, www.schreckbichl.it

18 EPPAN: Kreithof wine estate
The Kreithof is nestled in amongst vineyards on a hillside to the south-east of Eppan near by Bozen. The former farmhouse was renovated in the 16th century in the local 'Überetscher' style and converted into an estate. The surrounding vineyards produce fine wines in the wine cellars owned by the estate which are then sold on site and can of course be tasted beforehand.

Kreuzweg 15, 39057 St. Michael/Eppan
Tel: +39 0471 664 119, www.kreithof.com

19 EPPAN: Pillhof bistro and wine bar
A wine bar and bistro exuding a Mediterranean flair, the Pillhof in the village of Frangart near Bozen, is a unique residence dating back tot he 15th century. Owner Kathrin Oberhofer pampers her guests with precious wines from all over the world and tasty dishes from her bistro kitchen. The wines are stored in a walk-in, air-conditioned wine cellar where they can be purchase reasonably as well as tasted.

Boznerstr. 48, 39057 Frangart/Eppan
Tel: +39 0471 633 100, www.pillhof.com

20 KALTERN: South Tyrolean Wine Museum and Wine trail

The Wine Museum in Kaltern illustrates the history and important of wine-growing in South Tyrol using tools and equipment from the days gone by. Hundreds of years ago, the vaulted cellar was used as a wine cellar. A wine information trail in front of the museum displays old wines and various grape varieties.

Goldgasse 1, 39052 Kaltern
Tel: +39 0471 963 168, www.landesmuseen.it

21 KALTERN: Seehotel Ambach
In the early 1970s, the South Tyrolean architect Othmar Barth drew up plans of the Seehotel Ambach on the northern banks of the lake Kalterer See which is nestled in vineyards. This abstract, geometric building is painted white and white also dominates throughout the interior with some elements made of wood. The building is still regarded as one of the most outstanding hotel buildings in the country.

Klughammer 3, 39052 Kaltern
Tel: +39 2471 960 098, www.seehotel-ambach.com

22 KALTERN: Weinhaus Punkt wine bar
'Punkt' is the name of the wine bar on the market square in the village of Kaltern which has been lovingly managed by Markus Thaler and Patrick Pfitscher since 2006. The renowned Viennese architect Hermann Czech transformed this historical, listed building into an atmospheric bar offering 140 labels from wine-growers in Kaltern. The menu offers simple food on a daily basis.

Marktplatz 3, 39052 Kaltern
Tel: +39 0471 964 965, www.wein.kaltern.com

23 KALTERN: Winecenter, Kaltern winery
The main building in the Kaltern winery originates from 1911 while the new section was designed by feld72 group of architects in Vienna in 2006. The modern building with its brown concrete fibre panels and bright glass front forms a strong contrast with its surroundings. The Kaltern winery today boasts 410 members and avails of a remarkable range of top wines.

Bahnhofstr. 7, 39052 Kaltern
Tel: +39 0471 966 067, www.winecenter.it

24 KALTERN: Manincor wine estate
A cellar in the vineyard – this was an idea harboured by Michael Graf Goëss-Enzenberg and successfully realized by the Angonese2/Köberl/Boday team of architects. The result is a technically sophisticated cellar with a complex structure which barely infringes on the natural landscape. At its core is the wine-tasting room which stares out of the vineyard like a glass eye.

St. Josef am See 4, 39052 Kaltern
Tel: +39 0471 960 230, www.manincor.com

25 TRAMIN: Hofstätter wine estate
Wine has been grown on the Upper and Lower Yngrahamhof in the village of Tramin since the 14th century.

Today, this former stagecoach inn is one of the best-known wine estates in South Tyrol. In the mid-1990s, Martin Foradori had built an innovative wood-panelled wine tower which was designed by Walter Angonese and now houses a light and airy wine-tasting room on the first floor. The entire renovation project focused on both function and aesthetics.

Rathausplatz 7, 39040 Tramin
Tel: +39 0471 860 161, www.hofstaetter.it

26 MARGREID: Lageder wine estate
Biological and ecological criteria were Paramount when converting the wine-marking building on the Löwengang wine-growing estate. Designed by architects Abram & Schnabl in Bozen, this low-energy building is in perfect harmony with the existing historian residence. The 'Im Paradeis' wine bar, housed in an intimate courtyard offers a unique blend of culinary delights, wine and art.

Grafengasse 9, 39040 Marg Reid
Tel: +39 0471 809 500, www.aloislageder.eu

27 KURTATSCH: Tiefenbrunner Castel Turmhof wine estate

Wine has been grown at Castel Turmhof in the village Entiklar near Kurtatsch since Roman times. This tradition is still lovingly upheld today by Herbert Tiefenbrunner and his son Christof, producing first-class wines. The most famous of which is the Müller Thurgau 'Feldmarschall von Fenner zu Fennberg', which thrives on Europe's highest wine estate (at more than 1,000 meters above sea level) and has already been given several awards.

Schlossweg 4, 39040 Entiklar/Kurtatsch
Tel: +39 0471 880 122, www.tiefenbrunner.com

28 ALDEIN-RADEIN: Hotel Zirmerhof
The Zirmerhof in the village of Radein is an ancient country manor. A high degree of comfort in a traditional, country-style setting awaits guests in the library and wood-panelled rooms. The estate's own vineyard produces the Gewürztraminer, one of South Tyrol's indigenous wines which can be tasted along with another 250 top wines from all over the world.

Oberradein 59, 39040 Radein
Tel: +39 0471 887 215, www.zirmerhof.com

CULTURE

29 THE DOLOMITES: The world's most beautiful mountains
According to the world-famous extreme mountaineer Reinhold Messner: 'The Dolomites are not the highest or most challenging mountains, but they are the most beautiful'. Momentous forces in the earth's crust lasting over 200 million years created this wonder of nature. The Dolomite rocks were formed mainly from dead corals, seashells and magnesium on the floor of the Tethys Ocean. The interplay between pale sharp crags and pinnacles, dark igneous rock and lush green Alpine meadows is incomparable. These haunting mountains are steeped in legend, sagas which tell of witches, nymphs and hobgoblins, wild men, mysterious enchanted realms. King Laurin cursed his rose garden, and as a result the Rosengarten massif near Bozen will glow crimson in the sunset for all eternity.

Musts to experience:
■ The Grand Dolomite Tour, 109 km starting from Bozen – Eggental valley – passes Karer, Pordoi and Falzarego – Drei Zinnen (Three Peaks).

■ Reinhold Messner's Mountain Museum MMM Firmian accommodated in Sigmundskron castle nearby Bozen highlights the interaction between man and mountain.

MMM Firmian, Schloss Sigmundskron, Bozen
Time required: ½ day, Tel: +39 0471 631 264
www.messner-mountain-museum.it

30 LADIN, GERMAN, ITALIAN: South Tyrol's linguistic wealth
South Tyrol's most widely-spoken language is German, or more precisely, a southern Bavarian dialect which assumes a character of its own depending on the valley, village and even hamlet. Around 68% of South Tyrol's 480.000 inhabitants speak German as their first language, while some 25% are Italian speakers. By far the

majority of ethnic Italian-speakers live in the towns of Bozen, Meran and Leifers, and in the municipalities of Eppan and Kaltern to the south of Bozen. South Tyrol's oldest language is Ladin. It is a Rhaetio-Romance language still spoken by some 18.000 people in the Dolomite valleys of Val Gardena and Val Badia.

Musts to experience:
■ A stroll from Bozen's town hall along the arcaded street, across the Talfer River as far as the Piazza Mazzini-Platz. The contrasts between the German and Italian lifestyle are striking.

31 BRASS AND WOOD: The most vibrant custom in the Alpine region
South Tyrol boasts twice as many local bands than it has municipalities. Many crafts are connected with tradition, for example South Tyrol's famous wood-sculptors and carvers, crib-makers and quill embroiderers. A large number of South Tyroleans still own traditional costume, elements of which provide plenty of information about a person, for example the valley he or she comes from, or a man's marital status.

Musts to experience:
■ In the municipality of Eppan with only nearly 14.000 inhabitants play four bands.

■ 36 craftsmen's associations have joined to form the group 'Südtiroler Werkstätten' or 'South Tyrolean Workshops' and their shop beneath the arcades in Bozen is well-worth visiting.

Association of South Tyrolean Music Bands
Tel: +39 0471 976 387, www.vsm-bozen.it

South Tyrolean Craftsmen's Workshops, Bozen
Tel: +39 0471 982 375, www.suedtiroler.werkstaetten.it

Sarntal valley, traditional craftsmanship
www.sarner-gschick.com

32 GEWÜRZTRAMINER, LAGREIN AND VERNATSCH: South Tyrol's peerless wine culture
South Tyrol ranks among Europe's oldest winegrowing regions. A people called the Rhaetians populated the Alpine valleys and cultivated the first vines here around 800 BC, trellising them on pergolas. South Tyrol's vines and native varieties Gewürztraminer, Lagrein and Vernatsch are grown at altitudes between 200 to 1,000 m.

Musts to experience:
■ The project 'wein.kaltern' in Kaltern provides a wealth of information on this village and its wine.

■ The South Tyrolean Wine Road is a must for wine-lovers, gourmets and bons vivants alike. Picturesque villages nestling among lush vineyards straddle the route south of Bozen.

■ Wine lovers can taste wine almost everywhere it is sold, at co-operative cellars, private wine estates and wine merchants.

wein.kaltern, Kaltern am See
Tel: +39 0471 965 410, www.wein.kaltern.com

South Tyrolean Wine Road
Tel: +39 0471 860 659, www.suedtiroler-weinstrasse.it

33 MERAN: Thermal Baths
Tel: +39 0473 252 000, www.thermemeran.it

34 MERAN: The Gardens of Trauttmansdorff Castle
Tel: +39 0473 235 730, www.trauttmansdorff.it

35 DORF TIROL: Tyrol Castle
Tel: +39 0473 220 221, www.landesmuseen.it

36 SCHNALSTAL: Archeoparc
Tel: +39 0473 676 020, www.archeoparc.it

37 RIDNAUN: Mining Museum
Tel: +39 0472 656 364, www.landesmuseen.it

38 MAREIT, STERZING: Museum of Hunting & Fishing
Tel: +39 0472 758 121, www.landesmuseen.it

39 BRUNECK: Museum of Ethnography
Tel: +39 0474 552 087, www.landesmuseen.it

40 ST. MARTIN IN THURN: Museum Ladin
Tel: +39 0474 524 020, www.landesmuseen.it

Bolzano and environs

Tourist Board Bolzano and environs
Pillhofstr. 1 – I-39057 Frangart (Bolzano/Bozen)
Tel. +39 0471 633 488 – Fax +39 0471 633 367
www.bolzanosurroundings.info