HIKES
N° 1 - MADONNA DI CAMPIGLIO

1. Campiglio Circe trail

Difficulty: easy / time: 2 – 3 hrs / Gradient: minimal
Winding route circling the resort. Suitable for everyone. Various starting points:
- Pappagallo restaurant
- The base of 3–Tre ski-run
- The Spinale cableway
- Garni dei Fiori.

Trail signs: white and green lines or arrows.

BRENTA DOLOMITES (EASTERN SIDE)

2. The Empress' Trail

Difficulty: easy / Time: 2 – 3hrs / Gradient: 585 m
- The route begins at the church of Madonna di Campiglio (1.550 m). On the trail an engraved rock marks the place where Empress Sissi (Elisabeth of Austria) used to rest; this is also a panoramic point overlooking Madonna di Campiglio. The path passes near Malga Fevri (1.958 m) and arrives at the top of Mount Spinale (2.104 m).
- Mount Spinale can also be reached by cableway; from there you can hike the easy downhill path to Malga Fevri (1.958 m) and go back to Madonna di Campiglio.
- From Mount Spinale follow the route of the ski-run to Malga Montagnoli (1.804 m) and then to the bottom station of the Grostè cableway (1.646 m). On the left, the <Sentiero delle Grotte> (path of the caves) leads back to Madonna di Campiglio (1.550 m).

Alternative route to the <Empress' Trail>

Difficulty: medium / Time: 4 5hrs
Gradient: Spinale/Graffer (150 m uphill) – Gradient: Graffer/Campiglio (706 m downhill)
From Mount Spinale (2.104 m) pass near the lake Spinale (2.036 m) and then walk through alpine pastures contrasting with the majestic view at the foothills of the Brenta Group, reaching first the Rifugio Graffer (2.261 m), and then down to Malga Vallesinella di Sopra (1.681 m). The way back is either on the <sentiero dell'Orso> (Bear's trail) or from Rifugio Vallesinella (1.513 m) on the road to Madonna di Campiglio. *Trail signs*: 331 – 382.

3. The Queen's Gardens (Gli Orti della Regina)

Difficulty: difficult / Time 2- 4 hrs
Gradient: 105 m uphill – Gradient: 232 m downhill.
Start from the top of Grostè gondola-way (2.442 m) on a wide, winding, downhill path along the ski-run at the base of the Pietra Grande mountain. From the Rifugio Graffer (2261 m) follow the path of the <Orti della Regina> (Queen's Gardens, 2.472 m), an interesting area rich with varied flowers and ancient fossils.
The way back first follows the same route to the Rifugio Graffer, then follows a small mountain road to the middle station of Grostè gondola-way (2.442 m). Take the lift or with back to Campo Carlo Magno (1.682 m).
Trail signs: 301-336-301

4. Malga Vagliana and Vaglianella

Difficulty: easy / Time: 4 -5hrs / Gradient: 344 m (uphill and downhill)
Start from the top of Grostè gondola-way car park (1.646 m), follow the narrow road towards Rifugio Graffer passing near the golf course.
The road forks at Poza Vecia, turn left, and reach Malga Vaglianella (1.828 m) first and then the beautiful pasture of Malga Vagliana (1.973 m).
The way back goes to Malga Vaglianella, turns right towards Malga Mondifrà (1.629 m), at the base of Val Gelada (frozen valley), and then heads back to the Grostè gondola-way (1.646 m).

5. Vallesinella waterfalls

Difficulty: easy / Time: 2 – 3 hrs / Gradient: 281 m (uphill and downhill).
A beautiful hike winding through woods of fir, larch and beech trees, reaching the stunning waterfalls Cascate Alte and Cascate di Mezzo di Campiglio (1.550 m), on the <Sentiero dell'Orso> (Bear's trail) in the Palù area towards Malga Vallesinella di Sopra (1.61 m), then to the Cascate Alte, to Rifugio Vallesinella (1.513 m), to Cascate di Mezzo (1.400 m) and finally back to Madonna di Campiglio on the easy <Cascate di Mezzo> path.

Alternative route: Cascate Alte (waterfalls) – Rifugio Casinei (Casinei hut)

Difficulty: easy / Time: 2 – 3 hrs / Gradient: 311 m (uphill and downhill)
An alternative starting point is Rifugio Vallesinella (1.513 m), reaching by car too. From there following to Cascate Alte (Upper Waterfalls), and then to Rifugio Casinei (1.826 m). The way back ends at Rifugio Vallesinella (1.513 m). *Trail signs*: 382 – 317 bis – 317.

6. Lake Valagola

Difficulty: easy / Time: 2 – 3 hrs / Gradient: 300 m.
From Sant'Antonio di Mavignola (1.123 m), following the signs to Val di Brenta and then Valagola to the point where the road is barred. Leave the car in the small parking area and walk along the forest road to reach the <malga> first and then Lago Lake Valagola (1.595 m). The way back is on the same route.
Trail signs: 324.

Alternative route <Malga Brenta Bassa>

Difficulty: easy / Time: 3 – 4 hrs / Gradient: 400 m
Leaving Sant'Antonio di Mavignola towards the Vivaio Forestale in Brenta Valley (1.156 m).
The route heads towards Malga Brenta Bassa (1.265 m), then to Rifugio Cascate di Mezzo (1.400 m), down to the lower waterfall "Cascata di Sotto" and finally takes you to Malga Brenta Bassa (1.265 m) and Rifugio Cascate di Mezzo (1.400 m). From there the road goes down to Cascata di Sotto (Lower Waterfalls) and Malga Fratte (1.268 m), ending at the Vivaio Forestale ground.

ADAMELLO-PRESANELLA - WESTERN SIDE

7. The 5 Lakes Tour (Ritorto, Nambino, Sbrodoli, Gelato, Nero)

Difficulty: medium-difficult / Time: 4 – 6 hrs
A trail connecting beautiful little lakes surrounded by granite outcrops.
There are different starting points:

- Start from the top of the <5 Laghi> cableway (2.123 m), in the direction of Lake Ritorto (2.055 m) and then follow the path clockwise to Lambin (2.324 m), Serodoli (2.370 m), Gelato (2.393 m), Nero (2.236 m), Nambino (1.768 m) lakes, then back to Madonna di Campiglio (1.550 m).
  Gradient: 320 m uphill, 720 m downhill. Trail signs: 232-217
- Start from Patascoss (1.737 m), and climb to Rifugio Pancugolo (2.123 m), follow the path to Lake Ritorto (2.055 m), then to the other lakes. This route takes you back to the starting point (1.737 m).
  Gradient uphill and downhill: 583 m. *Trail signs*: 232-217.
- Start from Malga Ritorto (1.747 m), extraordinary panoramic point overlooking the Brenta Group, then proceed to Lake Ritorto (2.055 m), and proceed clockwise to all the other lakes.
  Gradient uphill and downhill: 573 m. *Trail signs*: 232-217.
- Start from Piana di Nambino to lake Nambino (1.768 m). Then head towards to Lake Serodoli (2.370 m) and counter-clockwise to all the other lakes.
  Gradient uphill and downhill: 746 m. *Trail signs*: 217 – 232.

Alternative route <Lake Ritorto – Malga Ritorto>

Difficulty: easy / Time: 3 – 3.5 hrs / Gradient: 520 m downhill
From the top of the cableway 5-Laghi (2.123 m), go to Lake Ritorto (2.055 m), then proceed downhill to Malga Ritorto (1.747 m), and on to Madonna di Campiglio (1.550 m).
Trail signs: 277.

8. Lake Nambino

Difficulty: easy / Time: 3 – 3.5 hrs / Gradient uphill and downhill: 218 m.
Start near <Casa delle Guide> follow the ski run to Piana di Nambino and climb to Lake Nambino (1.768 m).
To return, follow the easy path to Malga Patascoss (1.737 m), and then descend to Madonna di Campiglio (1.550 m). *Trail sign*: 217.
You can reach the Nambino plain by car and from there arrive at Lake Nambino in 20-minutes walk.

9. Masi di Claemp e and Wold War I Fort

Difficulty: easy / Time: 4 – 5 hrs / Gradient uphill and downhill: 197 m
Start from Madonna di Campiglio (1.550 m) and follow the Campiglio Circle Trail; when you reach the location of "Panorama" (1.540 m), proceed to Milegna (1.537 m) and follow the trail to the pasture of Claemp (1.540 m).
There are some mysterious <masi> (typical local dwellings), and a fort still intact from World War I.
The way back is via the same route.

Alternative route <Sentier dei Siori> (Path of the Lords)

Difficulty: easy / Time: 3 – 4 hrs / Gradient uphill and downhill: 197 m.
From Panorama (1.540 m), follow the path to Milegna (1.537 m) then to Malga Ritorto (1.747 m) and finally back to Madonna di Campiglio (1.550 m).

10. Lake Lago delle Malghette

Difficulty: easy / Time : 3 – 4 hrs / Gradient uphill and downhill: 188 m.

Easy hike, suitable for anybody. A bit north of Campo Carlo Magno (1.682 m), on the left towards <Ristorante Palù della Fava> the path starts, then crosses the Palù della Fava wood and passes Malga di Vigo (1.800 m).
After a steeper rocky part, the path arrives at the Lake Malghette (1.890 m), with Rifugio Malghette on the shore.
Trail signs: 201.

▪ ▪ ▪ ▪ Alternative route <Lago Malghette – Rifugio Viviani Pradalago – Malga Zeledria>

Difficulty: easy / Time: 3 – 4 hrs / Gradient uphill and downhill: 535 m.
From Lake Malghette (1.890 m) head towards Rifugio Vivani Pradalago (2.085 m) on a flat path, then follow the ski-run on the left to Malga Zeledria (1.767 m) and finally back to Campo Carlo Magno (1.682 m).
Trail signs: 265.

▪ ▪ ▪ ▪ Alternative route <Malghette - easy>

Difficulty: easy / Time: 3 – 4 hrs / Gradient downhill: 535 m.
Start from the top of the Pradalago cableway (2.119 m), and reach Rifugio Viviani Pradalago (2.085 m) then head towards Lake Malghette (1.890 m).
Return by way of the path for Malga Zelendria (1.767 m) and return to Madonna di Campiglio (1.550 m).
Trail signs: 265-201.

▬ ▪ Alternative way <Pradalago - Nambino>

Difficult: easy / Time: 2 – 3 hrs / Gradient downhill: 535 m.
Start from the top of the Pradalago cableway (2.119 m), and reach Rifugio Viviani Pradalago (2.085 m).
Then, near the starting-point of the chair-lift <Busa dei Mughi>, turn right and follow the signs for the path <Lake Nambino> (1.768 m). The way back ends in Madonna di Campiglio (1.550 m)