

S

port.

Outdoor fun
in the Euganean Hills.



Spa, sport and well-being.



Nestled within its splendid rolling hills are extensive, well-designed golf courses, dozens of paths to follow on foot, bicycle, mountain bike or even horseback, plus tennis courts, stables and fitness trails. Spa and sport combine to guarantee therapeutic benefit in addition to the sheer pleasure of physical activity.

Feeling in shape or just “getting back into the swing” is something we all desire sooner or later. The Euganean Spas are the ideal setting for taking part in some healthy physical activity or organized sports in a fun, enjoyable and, above all, easy manner. Every hotel offers guests modern gyms and splendid spa swimming pools, as well as extensive grounds for relaxing walks or a bit of jogging. In addition to the elegant, well-manicured areas of the spa hotels, the green and varied landscape of the Euganean Hills is a true sportsman’s paradise.

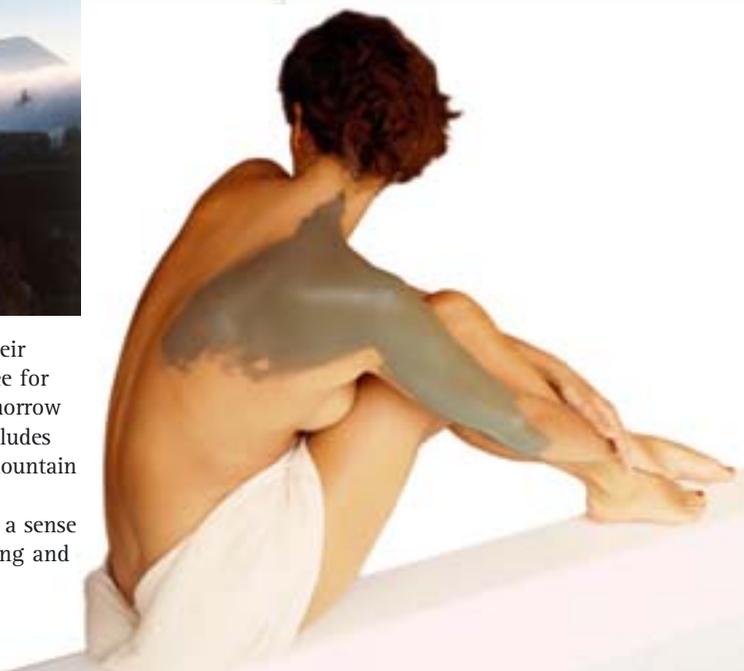




Spa treatments foster correct articular functioning, recovery of muscle tone and optimization of psycho-physical equilibrium. Movement aids circulation, respiration and metabolism. Practicing sports at the spas accelerates the attainment of an overall sense of well-being so important to allowing us to feel dynamic, full-of-energy and at ease with ourselves.



But the Euganean Spas have not forgotten their young guests for whom sports are a guarantee for healthy, balanced growing. Champions of tomorrow are offered an equally varied program that includes swimming lessons, tennis, horseback riding, mountain bike and even archery. Activities that require application and effort, but which also provide a sense of pleasure and accomplishment to grow strong and happy.



Cycling.

There is no question but that a nice bicycle ride is not only a remedy for circulation and muscle tone, but also an opportunity for enjoying picturesque



surroundings and special paths that are inaccessible using other means of transport. The number of bicycle paths, both in the centre of town and along the banks of rivers and canals, are expanding on a yearly basis. For example, the entire length of the banks of the Battaglia Canal from Montegrotto Terme to Padua, is virtually exclusively a bicycle path. Or, one can bike undisturbed along the bike paths that go through the town centres of Montegrotto and Abano Terme, through to Torreglia. The Euganean Hills also offer a well-developed network of mountain bike paths that are marked and traced out by the Euganean Hills Regional Park. Given the low traffic flow, the area's country roads, river banks and local roads through its many rural villages, are perfect for a pleasant bicycle outing.

Horseback riding.

Riding schools, equestrian centres and stables are also available in the verdant green of the Hills.

The long-standing equestrian tradition of the Euganean

Spas was demonstrated with

Abano Terme receiving the "*Città amica del cavallo*" (Friend of the Horse City)

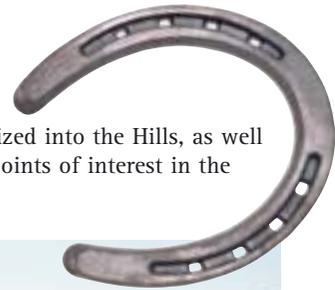


award during the 2002 *Fieracavalli*, one of the most important horse fairs on an international level.

Therefore, it is only natural that connected with the international equestrian centre of Villa Bassi there be a riding school for residents, spa guests and groups of public and riding school students.

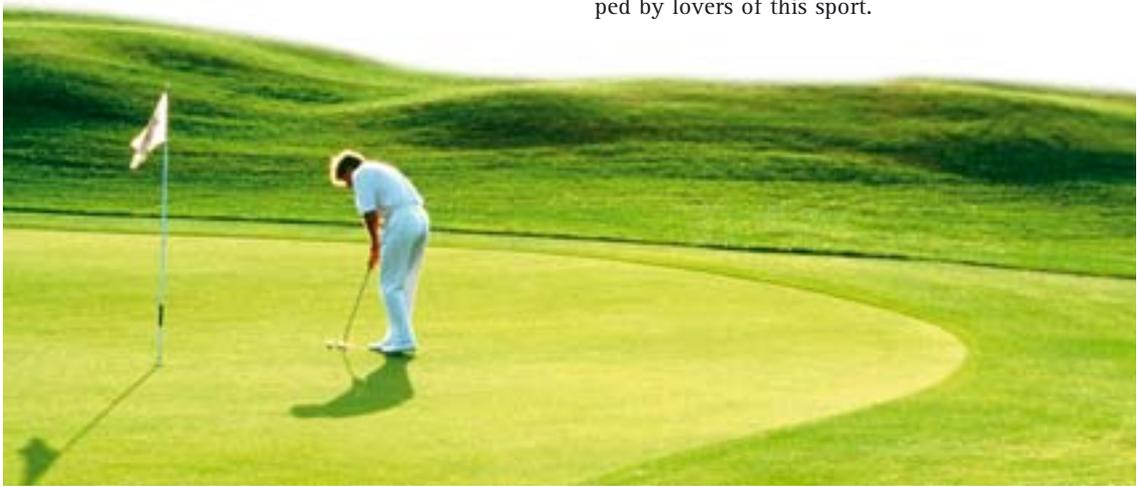
It offers ample grounds in which to experience and appreciate all that horses and riding in general can offer young and old alike. The Villa Bassi riding school can also be used as a "post", a point of departure, arrival or transit for those who love nature and horseback riding as they explore the surrounding countryside. In fact, in addition to riding lessons for children and adults, outings on

horseback are also organized into the Hills, as well as multiple-day trips to points of interest in the Veneto area.



Golf.

An integral part of the splendid countryside of the Euganean Hills, all the golf courses in the province of Padua are well-designed and offer top-level facilities. Just kilometres away from both the city of Padua and the Abano, Montegrotto and Galzignano spa area, the courses are only a few minutes away by car. Two 27-hole courses (Golf



Club della Montecchia in Selvazzano and Golf Club Padova in Galzignano), an 18-hole course (Golf Club Frassanelle in Rovolon), a 10-hole course (Golf Club Colli Euganei at the Hotel Leonardo in Teolo) and a 9-hole course (Golf Club Terme di Galzignano) are equipped to meet the needs of both novice and expert players with courses that will put to the test the technique, concentration skills and tactics developed by lovers of this sport.



Walking.



Walking through the shady and varied paths of the Euganean Hills could constitute one of the most pleasant and relaxing experiences of your stay at the Euganean

Spas. There are dozens of marked paths on all sides that offer the opportunity of discovering the rich flora of the area's hillsides, its enchanting landscapes and historical-artistic treasures. Kilometres of splendid trails through its woods and hills with stopover points of significant botanical and cultural interest.

With the aid of maps provided by the Euganean Hills Regional Park or experienced guides, exploring the wonders of the Euganean Hills and spa area is something for all to enjoy.



Sport

Archery.

Archery, a sport requiring tremendous concentration and precision, has a well-established tradition in the Padua area. It is one of the main activities at the sports centre at Villa Bassi at Abano Terme.

In addition to courses for beginners, the archery area is also open to visitors who already practise this sport and don't want to miss the opportunity of enjoying it during their spa stay. Trained athletes and teachers are available for those who have never had the opportunity of trying this sport or wish to improve their technique or just participate in a course to learn the archer's art!



Wheelboard.

The Wheelboard is an all-terrain board from Australia (where it is known as Dirtsurf) common on beaches where, making use of the wind using a sail, young enthusiasts race standing on a board on wheels. Today, the wheelboard is ideal for those who-while waiting for the winter snows-want to simulate a downhill run utilizing an aluminium board and slaloming on two wheels using exactly

the same movements of the snowboard. Nothing could be easier-all that is required is a small slope and the desire to have fun! At the Villa Bassi sports centre in Abano Terme, trained instructors are available to help those who are still not 100% confident. A bit of courage and dash of folly are your guarantee of fun. Excellent for learning techniques of equilibrium and movement coordination.



Other sports activities.

The area around the spa basin and Euganean Hills is the ideal setting for outdoor activities including climbing, hiking, orienteering and paragliding. Always extremely aware of the safety issues connected with these sports, the Villa Bassi sports centre offers and organizes interesting and fun "high-adrenalin" activities with the aid of qualified instructors and experts.



Villa Bassi Rathgeb Sports Centre at Abano Terme.

Within the historic setting of Villa Bassi Rathgeb in Abano Terme is an area dedicated entirely to sports and recreational activities. Here, trained instructors of the "Live Sport Agency", an agency that promotes tourism/sports activity and services for the private sector and has as its goal offering a variety of amateur sports for tourists, make available a range of recreational trail activities including hiking, biking, horseback riding and electrically-powered vehicles. These means of transportation have been chosen not only to safeguard the environment of the area, but also to provide educational activities in environmental and cultural preservation. Available to guests and residents at this sports centre are areas dedicated to sports activities that include:

- a mountain bike trail and school with classroom areas, courses in mechanics and rental area for mountain bikes, electrically-powered bicycles and cars (thanks to these alternative vehicles, the agency can offer activities to people of all ages and also for the disabled);
- archery;
- stables/riding school with rest area for those in transit;
- wheelboard track (the wheelboard is similar to a snowboard or surfboard with two wheels used on the grass).

Also available on request are activities outside the centre in the surrounding spa area such as paragliding, climbing, hiking and orienteering!

PADOVACARD: all holders of the *PadovaCard* are eligible for discounts on courses and rentals at the Villa Bassi Rathgeb sports centre

INFORMATION:

Live Sport Agency via Previtali, 54 - 35031 Abano Terme (PD)
Tel. and fax 049 8666677 - info@livesportagency.it
www.livesportagency.it



Directions to the Euganean spa area.

By air: Venice, Marco Polo Airport (approx. 60 km away)

By train: Terme Euganee station

By car: A13 Padua-Bologna motorway,
Terme Euganee exit

For transfers from Marco Polo Airport and the Padua train station, a courtesy van to all hotels is available on request. Abano and Montegrotto Terme offer connecting bus service to all major European cities.



Information

TERME EUGANEE

Abano Terme

Via P. d'Abano, 18

Tel. + 39 049 8669055 - Fax + 39 049 8669053

infoabano@turismotermeeuganee.it

Mon-Sat 8:30am-1:00pm / 2:30pm-7:00pm

Sun 10:00am-1:00pm / 3:00pm-6:00pm

Montegrotto Terme

Viale Stazione, 60

Tel. + 39 049 793384 - Fax + 39 049 795276

infomontegrotto@turismotermeeuganee.it

Mon-Sat 8:30am-1:00pm / 2:30pm-7:00pm

2nd Sun each month 10:00am-1:00pm / 3:00pm-6:00pm

Sport activity at the Euganean Spas.

For information:

Bocciofila Aponense (bowls courts)

Via D. Giovanni Bosco 19 Abano Terme Tel. +39 049 667997

Centro Multisport Villa Bassi Rathgeb (sports centre)

Via Appia Monterosso 56 Abano Terme Tel. +39 049 8666677

Centro Equestre Abano Terme (equestrian centre)

c/o Villa Bassi Rathgeb Abano Terme Tel. +39 049 8602442

Centro Equestre Montagnon (equestrian centre)

Via Mezzavia 49 Montegrotto Terme Tel. +39 049 793289

Club Ippico Abano Terme (riding club)

Via Sartorio 26 Abano Terme Tel. +39 049 8668741

Circolo Ippico Terme Euganee (riding club)

Via Campolongo 32 Due Carrare Tel. +39 348 7733076

Club Ippico Valbona (riding club)

Via Frassanelle 2 Lozzo Atestino Tel. +39 0429 97395

Golf Club Frassanelle

Via Frassanelle 22 Rovolon Tel. +39 049 9910722

Golf Club La Montecchia

Via Montecchia 12 Selvazzano D. Tel. +39 049 8055550

Golf Club Padova

Via Novera 57 Valsanzibio di Galzignano Terme Tel. +39 049 9130078

Golf Club Terme di Galzignano

Viale delle Terme 82 Galzignano Terme Tel. +39 049 9195100

Golf Club Euganean Hills (driving range) Hotel Leonardo

Loc. Monteortone di Teolo Tel. +39 049 993507

Minigolf Aponense

Via Ghislandi 5 Abano Terme Tel. +39 049 667205

Minigolf Montegrotto

Via Caposedà Montegrotto Terme Tel. +39 049 793406

Noleggio Biciclette Cieli Bassan (bicycle rental)

Via Stella Abano Terme Tel. +39 049 810862

Noleggio Biciclette Brombin F. (bicycle rental)

Via Roma 10 Montegrotto Terme Tel. +39 049 793491

Noleggio Biciclette Battisti M. (bicycle rental)

Via Catajo 1 Montegrotto Terme Tel. +39 049 793099

Pesca Sportiva Lago s. Antonio (sport fishing)

Via del Santo Montegrotto Terme Tel. +39 049 795409

Piscina Comunale (public pool)

Via V. da Feltrè Abano Terme Tel. +39 049 812418

Piscine Termali Columbus (spa water pool)

Via Martiri d'Ungheria 22 Abano Terme Tel. +39 049 8601555

Piscine Termali La Contea (spa water pool)

Via Petrarca 11 Battaglia Terme Tel. +39 049 526580

Piscine Termali Sporting Center (spa water pool)

Via Romana 104 Montegrotto Terme Tel. +39 049 793400

Tennis Club Abano

Via U. Foscolo 4 Abano Terme Tel. +39 049 810952

Tennis Park Fasolo

Via Colli Euganei 22 Abano Terme Tel. +39 049 812411

Tennis Garden

Via A. Pillon 52 Abano Terme Tel. +39 049 811631



Riviera dei Mugnai, 8

35137 PADOVA

Tel. +39.049.8767911

Fax +39.049.650794

www.turismopadova.it

info@turismopadova.it



Provincia
di Padova



terme euganee
abano montegrotto



Comune di
Abano Terme



Comune di
Montegrotto Terme



Parco Regionale
dei Colli Euganei



Regione
del Veneto